

Ready for the Future

Interactive Workshop for Students

Scientific Workshop Programme | 25-26 May 2026

Workshop Description

What skills will truly matter in the future? This interactive workshop invites students to discover the key competencies that will help them thrive in a fast-changing world and future workplace.

During the sessions, participants will explore future-focused skills such as **emotional intelligence**, **collaboration**, **adaptability**, **creative problem-solving**, and **effective communication**. The programme is designed as an engaging and practical learning experience, combining short inputs with group activities, exercises, reflection, and applied tasks.

Facilitators

Dr Jarosław Hermaszewski PhD	Dr Patrycja Litwicka-Grzeškowiak PhD
Mgr Beata Kochana MA	Dr Bogdan Nicolae Mucea PhD

Programme Schedule

Day 1 - Monday, 25 May 2026

Time	Session	Place
10:00-10:45	Institutional Welcome and Meeting with the President of the UAB Senate – Prof. Ph.D. Attila Tamas-Szora	Apor Palace, 5 Gabriel Bethlen Street, Alba Iulia - <i>first floor</i>
10:45-11:30	Erasmus Office Meeting: Cristina Stanca & Liliana Trifu (UAB)	Apor Palace, 5 Gabriel Bethlen Street, Alba Iulia – <i>ground floor</i>
11:30-12:30	Transition and Caffee Break	

Time	Session	Place
12:30-13:30	Workshop 1 Workshop 2	Apor Palace, Ștefan Apor hall, ground floor – group 1 Apor Palace, CA hall, first floor – group 2
14:00-15:00	Workshop 3 Workshop 4	Apor Palace, Ștefan Apor hall, ground floor – group 1 Apor Palace, CA hall, first floor – group 2
16:00-17:00	Workshop 5	Apor Palace, Ștefan Apor hall, ground floor – group 1

Day 2 - Tuesday, 26 May 2026

Time	Session	Place
12:00-13:00	Workshop 6	Apor Palace, Ștefan Apor hall, ground floor – group 1
14:00-15:00	Workshop 7 Workshop 8	Apor Palace, Ștefan Apor hall, ground floor – group 1 Apor Palace, CA hall, first floor – group 2
15:00-16:00	Workshop 9	Apor Palace, Ștefan Apor hall, ground floor – group 1

Expected Learning Outcomes

- Recognise the importance of future-oriented competencies in academic, social, and professional life.
- Practise emotional intelligence, active listening, and effective communication in interactive scenarios.
- Work collaboratively in diverse teams and respond constructively to changing conditions.
- Apply creative problem-solving tools to real-life challenges.
- Create a personal action plan for continued development of future-ready skills.

The organizing committee from the UAB:

Bogdan Nicolae Mucea

Lucian Marina

Claudiu Ștefani

Angela Bara

Iulia Bugnariu

Isirabahenda Gonzague

Petronela Talpaș

Cristina Stanca

Liliana Trifu

Daniela Câmpean

Anca Neag

Paula Iancu

Mureșan Cosmina

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