

## LISTĂ PUBLICAȚII

### MATERIALE DIDACTICE

- 1. Ordean Mircea-Nicolae (2020).** MĂSURARE ȘI EVALUARE ÎN KINETOTERAPIE - INFORMAȚII TEORETICE, Editura Risoprint, Cluj-Napoca, ISBN 978-973-53-2614-2.
- 2. Ordean Mircea-Nicolae, Teodorescu Claudia Adriana (2020).** OSTELOGIE, ARTROLOGIE, MIOLOGIE ȘI BIOMECANICĂ - INFORMAȚII TEORETICE, Editura Risoprint, Cluj-Napoca, ISBN 978-973-53-2612-8.
- 3. Ordean Mircea-Nicolae (2020).** MĂSURARE ȘI EVALUARE ÎN KINETOTERAPIE - LUCRĂRI PRACTICE, Editura Risoprint, Cluj-Napoca, ISBN 978-973-53-2615-9.
- 4. Ordean Mircea-Nicolae, Teodorescu Claudia Adriana (2020).** OSTELOGIE, ARTROLOGIE, MIOLOGIE ȘI BIOMECANICĂ - LUCRĂRI PRACTICE, Editura Risoprint, Cluj-Napoca, ISBN 978-973-53-2613-5.
- 5. Ordean Mircea-Nicolae (2023).** CORECTAREA ATITUDINILOR CIFOTICE - METODE DE RECUPERARE, Editura Risoprint, Cluj-Napoca, ISBN:978-973-53-3135-1.
- 6. Ordean Mircea-Nicolae, Hăisan Petronela Lăcrămioara, Neamțu-Popescu Adela (2023).** CAIET CENTRALIZATOR FIȘE PACIENȚI MONITORIZAȚI ÎN CARDUL STAGIILOR DE PRACTICĂ, Seria Didactica Universitatea 1 Decembrie 1918 din Alba Iulia - lucrări practice.
- 7. Ordean Mircea-Nicolae (2024).** RADIOLOGIE ȘI IMAGISTICĂ MEDICALĂ PENTRU KINETOTERAPEUȚI, Seria Didactica Universitatea 1 Decembrie 1918 din Alba Iulia - suport de curs.

## ARTICOLE

1. **Ordean, M.N.,** Neamțu, P.A., (2017). *Eficiența kinetoterapiei în afecțiunile de statică vertebrală, cifoze și atitudini cifotice*. Editura Aeternitas Alba Iulia, ISBN 978-606-613-134-6 ([http://uab.ro/sesiuni\\_2017/defs/](http://uab.ro/sesiuni_2017/defs/)).
2. Neamțu, P.A., **Ordean, M.N.**, (2017). *Depistarea precoce a deviațiilor de aliniament ale coloanei vertebrale*. Editura Aeternitas Alba Iulia, ISBN 978-606-613-134-6 ([http://uab.ro/sesiuni\\_2017/defs/](http://uab.ro/sesiuni_2017/defs/)).
3. **Ordean, M.N.**, Grosu, V.T., Neamțu, P.A., (2017). *Effectiveness of the procedures used for kyphosis recovery and kyphotic attitudes (comparison between neuromuscular kinotherapy and electrostimulation)*, GYMNASIUM, Scientific Journal of Education, Sports and Health, Vol XVIII, Issue 2/2017. (<file:///G:/Univ%201%20Dec/Acte%20dosar%20asistent/journal.htm>).
4. **Ordean, M.N.**, Grosu, V.T., Neamțu, P.A., Stănescu, P., Trăistaru, M., (2017). *Effectiveness of procedures used to recover ciphosis and ciphotic attitudes - Comparison between neuromuscular electrostimulation and ham with auditive feedback*, The European Proceedings of Social and Behavioural Sciences, Ep SBS, ISSN: 2357-1330. ([https://www.researchgate.net/publication/326043533\\_Procedures\\_For\\_Recover\\_Ciphosis\\_Comparison\\_Between\\_Neuromuscular\\_Electrostimulation\\_And\\_Auditive\\_Feedback-](https://www.researchgate.net/publication/326043533_Procedures_For_Recover_Ciphosis_Comparison_Between_Neuromuscular_Electrostimulation_And_Auditive_Feedback-)).
5. **Ordean, M.N.**, Grosu, V.T., (2018). *Effectiveness of Procedures Used to Recover Ciphosis - kinotherapy And Ham with Auditive Feedback*, The 14<sup>th</sup> International Scientific Conference eLearning and Software for Education Bucharest, April 19-20 2018, 10.12753/2066-026X-18-000. (<https://proceedings.elseconference.eu/index.php?r=site/index&year=2018&index=papers&vol=29&paper=9aa8393a5a61dc61c3f97fd6b73fd8c8>).
6. Grosu, E.F., Motică, F.C., **Ordean, M.N.**, Grosu, V.T., (2018). *Increase performances in ski-biathlon by reducing anxiety stress using mental training tehniques*. The 14th International Scientific Conference eLearning and Software for Education Bucharest, April 19-20 2018, 10.12753/2066-026X-18-000.

7. Grosu, E.F., Motică, F.C., Grosu, V.T., **Ordean, M.N.**, Popovici, C., (2018). *Using emwave2 in biathlon skiing in order to increase sport performance*. The European Proceedings of Social and Behavioural Sciences, Ep SBS, ISSN: 2357-1330.
8. Popescu, A.M., Neamțu-Popescu, A., **Ordean, M.N.**, Enache, A.V., (2021). *Awareness of the importance of quality management in the field of medical recovery services in Romania*. International Scientific Conference -“EDUCATION, SPORT AND HEALTH“ ISSN: 2601-4998; ISSN-L: 2601-4971. (<http://www.defs.unibuc.ro/conferintaub/arhiva-revista.php>).
9. Moisa Turcu, A.A., Grosu, E.F., Toma, T., Grosu, V.T., **Ordean, M.N.**, Rozsnyai, R.A., *Interdisciplinary strategies in order to optimize the results of contact sports*, European Proceedings of Social and Behavioural Sciences EpSBS e-ISSN: 2357-1330.
10. Grosu, E.F., Rozsnyai, R.A., Grosu, V.T., **Ordean, M.N.**, (2021). *Ways of improving perception-speed, motor-coordination, self-regulation, using modern dance at university students*, Bulletin of the Transilvania University of Braşov Series IX: Sciences of Human Kinetics, Vol. 14(63) No. 1 – 2021 (<https://doi.org/10.31926/but.shk.2021.14.63.1.22>).
11. Grosu, V.T., Vari, H.I., **Ordean, M.N.**, Balint, G., Rozsnyai, R.A., Grosu, E.F., (2021). *Increasing self-confidence in students from different universities through exercises in body technique and dance therapy*, Lumen Proceedings: Vol. 17 World Lumen Congress 2021 Iasi, Romania: LUMEN Publishing House. (<https://doi.org/10.18662/wlc2021/>).
12. **Ordean, M.N.**, Oarcea, A., Stan, S-D., Dumitru, D-M., Cobilean, V., Bîrză, M-C., (2022). *Analysis of Available Solutions for the Improvement of Body Posture in Chairs*, Appl. Sci. 2022, 12(13), 6489; (<https://doi.org/10.3390/app12136489>).
13. **Ordean, M.N.**, Grosu, E.F., Grosu, V. T., Rozsnyai, R.A., Muresan, A.D., (2022) *Comparison of Procedures Applied on the Auditive Feedback Equipment, Neuromuscular Electrostimulation and Kinesitherapy in Kyphotic Attitudes Recovery*, Vol. 14 No. 1Sup1 (2022): Revista Romaneasca pentru Educatie Multidimensionala DOI: (<https://doi.org/10.18662/rrem/14.1Sup1/552>).